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THE INTEGRATED SELF: A HOLISTIC APPROACH TO SPIRITUALITY AND MENTAL HEALTH PRACTICE



John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, The Integrated Self: A Holistic Approach to Spirituality and Mental Health Practice, Lou Kavar, Contemporary research supports the importance of spirituality for mental health. Counselors, social workers, psychologists and other therapists wonder how to include spirituality in treatment. Mental health training and current treatment models do not equip clinicians to adequately address the topic of spirituality. The Integrated Self presents a model for identifying and assessing spirituality within the client's own...

Read PDF The Integrated Self: A Holistic Approach to Spirituality and Mental Health Practice

- Authored by Lou Kavar
- Released at -



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Reviews

It becomes an incredible book which i have ever read through. This really is for anyone who statte that there was not a well worth reading through. You wont sense monotony at at any time of the time (that's what catalogs are for regarding when you question me).

-- **Alf Grant**

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